|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Mean number of days vegetables consumed in a typical week** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Mean number of days | 95% CI | n | Mean number of days | 95% CI | n | Mean number of days | 95% CI |
| 18-29 | 554 | 4.7 | 4.4 - 4.9 | 804 | 5.0 | 4.8 - 5.2 | 1358 | 4.8 | 4.7 - 5.0 |
| 30-44 | 627 | 5.0 | 4.7 - 5.2 | 1029 | 5.0 | 4.9 - 5.2 | 1656 | 5.0 | 4.9 - 5.1 |
| 45-59 | 391 | 5.1 | 4.9 - 5.4 | 577 | 5.3 | 5.1 - 5.5 | 968 | 5.2 | 5.0 - 5.4 |
| 60-69 | 172 | 4.7 | 4.3 - 5.1 | 328 | 5.1 | 4.8 - 5.4 | 500 | 4.9 | 4.7 - 5.2 |
| **Total** | **1744** | **4.8** | **4.7 - 5.0** | **2738** | **5.1** | **4.9 - 5.2** | **4482** | **5.0** | **4.8 - 5.1** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 1392 | 4.7 | 4.5 - 4.9 | 2297 | 5.0 | 4.9 - 5.2 | 3689 | 4.9 | 4.8 - 5.0 |
| Urban | 352 | 5.4 | 5.0 - 5.7 | 441 | 5.4 | 5.1 - 5.7 | 793 | 5.4 | 5.1 - 5.6 |